



2095 Henry Tecklenburg Boulevard
Charleston, SC 29414

Labyrinths

in Healthcare



Friday, March 18 and Saturday, March 19, 2011

Bon Secours St. Francis Hospital
2095 Henry Tecklenburg Boulevard, Charleston, SC

Sponsored by Roper St. Francis Healthcare

Labyrinths

A symposium exploring the benefits and uses of labyrinths and meditation gardens in health and healing.

SYMPOSIUM SCHEDULE

Friday, March 18, 2011

7 - 8 p.m.....Candlelight Labyrinth Walk with Music
(no registration required – open to the public)

Saturday, March 19, 2011

9 a.m.....Labyrinth Walking and Registration

10 a.m.Morning Session with Keynote Address - Robert Ferre

NoonBox Lunch and Labyrinth Walking with Music

1:30 p.m.....Afternoon Session, including a choice of workshops and panel discussion

- Presentation: Chartres Cathedral in France - Robert Ferre
For many years, Robert Ferre has studied the Cathedral of Notre Dame in Chartres, one of the world's most sacred sites. St Francis Hospital's labyrinth follows the same pattern as the labyrinth on the floor of Chartres Cathedral, built about 1210 CE.
- Opportunities for Using the Labyrinth in Cancer Care – Marcy Walsh
- Using Labyrinths with Children – Beth Langley

Program Leaders:

Sanford Byers, *Landscape Architect of the Bon Secours St. Francis Meditation Garden*

Mark Dickson, *Director of Mission, Bon Secours St. Francis Hospital*

Linda Ricketts Ferre, *Episcopal Priest, Chaplain with Hospice and Nursing Homes*

Robert Ferre, *Founder and President of Labyrinth Enterprises LLC*

M. E. (Beth) Langley, *Southeast Regional Representative of the Labyrinth Society,
Montessori School Educator, Labyrinth Facilitator*

Capers Limehouse, *Staff Chaplain, Roper St. Francis Healthcare*

Marcy Walsh, *Labyrinth Facilitator and Consultant*

Cost: Saturday program - \$20 per person (includes lunch)

Pre-Registration for Saturday is required. To register, call (843) 402-CARE. For more information, contact mark.dickson@rsfh.com

This seminar has been designated a Special Project of the Labyrinth Society, an international organization whose mission is to support all those who create, maintain and use labyrinths.

For more information, visit www.labyrinthsociety.org.

ABOUT LABYRINTHS

Labyrinths have been used by many cultures and religions around the world for thousands of years. Walking the labyrinth can represent a sacred pilgrimage and be used as an opportunity to slowly and meditatively explore personal and spiritual matters.

Providing a labyrinth in a healthcare setting can support and enhance the life of the institution and its mission in a variety of different ways.

Uses for labyrinths in healthcare settings:

- A quiet place where the simple act of walking offers a proactive way to “do” something towards getting better
- An inviting way of getting exercise outdoors
- A non-medical environment where patients can share time with family and friends
- A place where patients can let go of the issues related to illness and injury
- A sacred spot where patients can express intentions and hopes for the future
- A perfect spot for a “get well” ceremony
- A reduction in the stress related to being ill
- An improved attitude about coping with illness
- Renewed interest and willingness to participate in treatment
- The return of hope or the inner peace necessary to complete life's business before dying

Labyrinths do not belong to any particular religious or cultural tradition and so appeal to people from all backgrounds and walks of life. Most importantly, labyrinths invite both patients and staff to tap their inner resources, offering a way of addressing the spiritual, emotional and psychological aspects of healing. They are a perfect holistic complement to the already abundant technological and medical expertise available in our healthcare institutions.